

I Workshop CIDNUR on “Essentials on Non-pharmacological Clinical Trials” (TRACTION)

Lisbon, Portugal

Thursday, 25 May – Friday, 26 May 2023



ORGANISATION & COMMITTEE

Course Committee

- Adriana Henriques (ESEL, Portugal) – **Convenor**
- Ricardo Ferreira (ESEL, Portugal) – **Co-Convenor**
- Andreia Silva Costa (ESEL, Portugal)
- Cristiano Matos (ESTES, IPC, Portugal)
- Rikke Helene Moe (REMEDY, Norway)
- Loreto Carmona (InMusc, Spain)
- David Richards (University of Exeter, UK)

Speakers, Chairs and Facilitators

- Adriana Henriques (ESEL, Portugal) – Chair
- Andreia Silva Costa (ESEL, Portugal) – Chair
- Ricardo Ferreira (ESEL, Portugal) – Speaker and Group Facilitator
- Cristiano Matos (ESTES, Portugal) – Speaker and Group Facilitator
- Paulo Nogueira (UL, Portugal) – Speaker and Group Facilitator
- Rikke Helene Moe (REMEDY, Norway) – Speaker
- Anne Therese Tveter (REMEDY, Norway) – Speaker
- Loreto Carmona (InMusc, Spain) – Speaker and Group Facilitator
- David Richards (University of Exeter, UK) – Speaker and Group Facilitator

Organising Secretariat

ESEL – CIDNUR

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WORKSHOP DESCRIPTION

This is a 1.5-day workshop for health professionals and health researchers aimed to build the capacity to perform clinical trials testing non-pharmacological interventions. This workshop is one of the deliverables of the TRACTION project (**T**rials for **R** he**A**lth **C**are in **T**ervent**I**ONs), funded by the EEA Grants under the Bilateral Relations Fund (FBR_OC2_33). The talks and hands-on activities are taught by selected faculty of European peers in a very interactive and cordial environment.

Beyond the learning activities promoted by this workshop, this event will also serve as a basis for launching a collaborative network of centres and researchers with similar interests in research.

Learning objectives

- Obtain up-to-date knowledge of the different steps of a clinical trial, from the pre-study phase and project draft, through data collection and analysis, and finally dissemination of results
- Be familiar with the principles of “complex interventions” and the most common clinical trial designs
- Practice the delivery of a study idea pitch
- Apply the principles of the clinical trial design in a collaborative practical exercise aimed to draft and present a project

Workshop certification

100% course attendance is required, to receive the certificate after the course. This includes participating in the Workshop Satisfaction assessment.

GENERAL INFORMATION

Workshop venue

Escola Superior de Enfermagem de Lisboa
Polo Artur Ravara
Av. Dom João II, Lote 4.69.01
1990-096 Lisboa
<https://goo.gl/maps/WHEk4iydnpnLVwkXU9>

Maximum Participants and Selection Criteria

This workshop is planned for 20 participants in order to promote good interaction. A Waiting list will be generated for replication events.

Official language

English

Workshop Fee

This first edition will be **FREE €**, as part of the TRACTION funded project (FBR_OC2_33).

The **participation package includes** 3 light coffee breaks, a lunch box on the first day, and access to a preparatory learning package.

Please note: sessions will be recorded (when allowed by Speakers) and made widely available on the ESEL Youtube channel.

REGISTRATION

Application requirements / target audience

The following two **mandatory criteria** will be used to select participants:

- PhD students OR Júnior Post-Doc (i.e. PhD ≤5 years)
- AND
- Working on a project testing a non-pharmacological intervention (preferential) OR, at least, an observational study

A brief description of the applicant' study project (up to 150 words) and a brief motivational statement (up to 150 words) will be asked for selection purposes.

Participants are expected to bring their laptops for the statistics hands-on session, in which SPSS will be used.

Registration

Online: <https://surveys.esel.pt/index.php/483386?lang=en>

Registration deadline: 31 March 2023.

By April 10th the organization committee will inform the 20 selected participants and the 10 that will be on the waiting list for this first edition. The 20 participants will be asked to provide a “commitment declaration” in 10 days. In case of no reply, the participants on the waiting list will be asked to do so till the end of April.