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## FINAL PROGRAMME

# I Workshop CIDNUR on “Essentials on Non-pharmacological Clinical Trials” (TRACTION)

Lisbon, Portugal

Thursday, 25 May – Friday, 26 May 2023



## DAY 1 – Thursday, 25 May 2023

(Participants are expected to bring their laptops for the statistics hands-on session, in which SPSS will be used.)

8:00	Secretariat opening and welcome coffee	
8:30	Welcome and “ice-breaking” activity	Ricardo Ferreira
8:45	<b>Lecture 1</b> – Clinical trials and non-pharmacological studies: challenges and opportunities	David Richards
09:45	<b>Lecture 2</b> – Defining FINER research questions for observational and experimental designs	Loreto Carmona
10:15	<b>Lecture 3</b> – Deeper detail on Interventional trial designs (parallel design, cross-over design, adaptative designs)	Anne-Terese Tveter
10:45	INTERVAL – Coffee break	
11:00	<b>Lecture 4</b> - Sample selection, recruitment and randomization techniques	Ricardo Ferreira
11:30	<b>Participants Project Pitch</b> 1’ Pitch from each participant (volunteer) (A symbolic prize will be awarded to the 1 <sup>st</sup> , and certificates to the three best ones)	<b>Chairs:</b> David Richards Andreia Costa
12:00	<b>Break out groups – “Hands on 1”</b> <ul style="list-style-type: none"> <li>Define a research question</li> <li>Study design</li> <li>Sample selection</li> </ul> 5 Groups of 4 participants with a mentor each; draft a project to be later presented, which will be based on the pitch champions.	<b>Group Facilitators:</b> Loreto Carmona – Gp1 (r32) Rikke H. Moe – Gp2 (r32) Paulo Nogueira - Gp3 (r33) Ricardo Ferreira – Gp4 (r33) Cristiano Matos – Gp5 (r33)
13:15	Networking lunch (lunchbox)	
14:00	<b>Keynote Talk 1:</b> – Introduction to Complex interventions	David Richards
14:35	<b>Lecture 5</b> – Ethics on a pragmatical perspective and Involvement of patient research partners	Rikke H. Moe
15:10	<b>Lecture 6</b> – Understanding Research Data Intention-to-treat and related missing data and covariate adjustment	Loreto Carmona
16:00	INTERVAL – Coffee break	
16:20	<b>Lecture 7-</b> Statistical hierarchy of endpoints and Interim analyses	Cristiano Matos
16:50	<b>Break out groups – “Hands on 2”</b> Continuation of Hand on 1 <ul style="list-style-type: none"> <li>Data analysis plan</li> <li>Sample size calculation</li> <li>Randomization techniques</li> </ul>	<b>Group Facilitators:</b> Loreto Carmona – Gp1 (r32) Rikke H. Moe – Gp2 (r32) Paulo Nogueira - Gp3 (r33) Ricardo Ferreira – Gp4 (r33) Cristiano Matos – Gp5 (r33)
17:50	Wrap up of the first day and closure and GROUP picture	Ricardo Ferreira
19:30	Group Dinner (additional payment required – cost and place to be defined)	

## DAY 2 – Friday, 26 May 2023

(Participants are expected to bring their laptops for the statistics hands-on session, in which SPSS will be used)

08:30	<b>Keynote Talk 2:</b> The experience of REMEDY with community trials with physical activity	Anne-Terese Tveter
09:00	<b>Ask the Expert</b> – The COBRA Study in analysis. <a href="https://doi.org/10.1016/S0140-6736(16)31140-0">https://doi.org/10.1016/S0140-6736(16)31140-0</a>	David Richards
09:40	<b>Statistical (SPSS) corner:</b> Comparing study Group differences	Paulo Nogueira Cristiano Matos  Room 43 (1 <sup>st</sup> floor)
10:30	INTERVAL – Coffee break	
10:45	<b>Break out groups – “Hands on 3”</b> Project group contest Each group presents in 5’ the project developed in “Hands on 1 & 2” A symbolic prize will be awarded to the members of the best group	<b>Chairs:</b> David Richards Andreia Costa
11:45	<b>Keynote Talk 3</b> – How to write an article reporting the results of an intervention. Top Tips.	Loreto Carmona
12:30	Workshop assessment + Closing	Ricardo Ferreira

## SESSION OPEN TO WIDER RESEARCH COMMUNITY PARTICIPATION AND PRESS

12:40 to 13:15	<b>ROUND TABLE</b> <b>Presentation of the TRACTION Network</b> - Ricardo Ferreira (ESEL/CIDNUR) - Rikke Helene Moe (REMEDY)  Comment: João Carlos Barreira dos Santos (ESEL) <b>Debate and Q&amp;A</b>	<b>Chair:</b> Andreia Costa (ESEL/CIDNUR)
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